

Boulder Ponds

Community News

April 2026.





What's New?



Spring Law Games

Spring lawn games are here! As requested at our monthly Resident Council meeting, new games like bean bags, ladder toss, and a putting green will be stored in the first-floor lobby closet—available 24/7 for all residents to enjoy.

COVID VACCINATION CLINIC

Monday, April 13th, from 9:00 AM to 1:00 PM.

We're partnering with Homeland Health Specialists, a Medicare-certified provider, who will bill Medicare or your insurance directly (covered under Medicare Part B or Medicare Advantage).

Please bring a physical copy of your insurance card.. *Consent forms are available at the front desk and must be completed and returned by Friday, April 3rd to receive a vaccine; staff are unable to assist with form completion.*

Welcome, Chaplain Kate!

Chaplain Kate will be in the building all day on Tuesdays and Thursdays. Worship times will remain the same, with our Assisted & Independent service on Tuesdays at 10:30 a.m. and our Legacy Suites service on Thursdays at 11:15 a.m.

She will be continuing our Growing in Grace group and will also be starting a new women's Bible study—so be sure to keep an eye out for updates!



April Birthdays



Assisted Living Birthdays

Galen B. - April 1st

Legacy Suites Birthdays

Jerry L. - April 8th
Maureen T. - April 22nd



Resident Spotlight

This month, we are overjoyed to shine our Spring Spotlight on our very own ray of sunshine, Miss Marilyn!

Marilyn is a warm and familiar presence in our community. She carries a beautiful gift for words and creativity—whether she’s quilting, crafting stained glass, or bringing a new idea to life, everything she touches is filled with care, intention, and heart.

What makes Marilyn truly special is the way she embraces everyone around her. She has a natural gift for inclusion, making each person feel seen, valued, and deeply welcomed. No one is ever left out in Marilyn’s world. She is the kind of friend everyone hopes to have—genuine, compassionate, and always ready with a listening ear, a kind word, or a comforting presence.

With her openness to new experiences, her thoughtful ideas, and her unwavering support for others, Marilyn brings a quiet sense of peace and warmth wherever she goes. Marilyn, thank you for the love, creativity, and light you share so freely. Our community is better, brighter, and more beautiful because of you.





News From Nursing

Our dedicated nursing team is onsite Monday through Sunday 7 days a week, ready to assist you with any medical needs, questions, or concerns you may have. To reach our nursing team, please do not hesitate to call the front desk and we will transfer you to someone who can assist you.

SPRING COVID VACCINATION CLINIC

Monday, April 13th 9:00am-1:00pm

We are partnering with Homeland Health Specialists, a Medicare-certified provider, who will bill Medicare or your health insurance plan directly. Vaccinations are covered under Medicare Part B or a Medicare Advantage plan.

you must bring a physical copy of your insurance card at the time of your vaccine.

Vaccines available include:

Standard Flu Shot

Senior Dose Flu Shot

Moderna COVID-19 Vaccine

IMPORTANT;

Extra consent forms are available at the front desk. Residents / family members are responsible for completing and returning all forms by Friday, April 3rd. Forms must be submitted by this date in order to receive a vaccine. Please note that staff are unable to assist with completing forms, so plan accordingly.

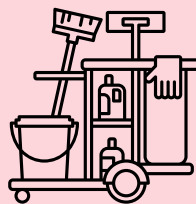
Maintenance



Jay, our Maintenance Director is onsite Monday Through Friday to tackle any maintenance issues you may have, big or small!

- ***For maintenance needs or work orders please contact the Front Desk.***

Housekeeping



Robb our Housekeeping Director, is in the building Monday through Friday. He and his wonderful team are here to make our building sparkle and to lend a hand whenever you need assistance.

- ***For Housekeeping needs or scheduling please contact the front desk.***

Dining



Questions regarding meal delivery service can be answered by the dining staff, Home Health Aides or by contacting the front desk. Any further questions or concerns will be addressed and answered at our monthly Chef Chat meeting with Jose, our head of Dining Services, on **Tuesday, April 21st 2:00pm in the First Floor Community Room.**



Men's Bible Study with Terry Quinn

Tuesday, April 7th 2pm

Tuesday, April 21st 2pm

Womens Bible Study with Chaplain Kate

Thursday, April 16th 2pm

Thursday, April 30th 2pm



Meet Chaplain Kate!



Hello new friends!

I'm a Senior Living Chaplain at Lifespark, currently working toward becoming board-certified in chaplaincy. I hold a Master of Divinity from Wartburg Theological Seminary, an MEd from Hamline University, and a BA from St. Olaf College. As an interfaith chaplain, I'm passionate about offering compassionate, down-to-earth spiritual care to people of all backgrounds. I walk alongside people through life's harder moments—especially grief, anxiety, and major transitions—and care deeply about creating space where people can be honest, messy, and fully themselves. I live in St. Paul with my fiancé, Shaun, my kids Ivy Mae (17) and Magnus (10), my dog Jessica Fetcher, and my cat Penny Dreadful. When I'm not working, you can usually find me reading mysteries, exercising, enjoying theater, or perfecting the fine art of napping.

In Loving Memory &



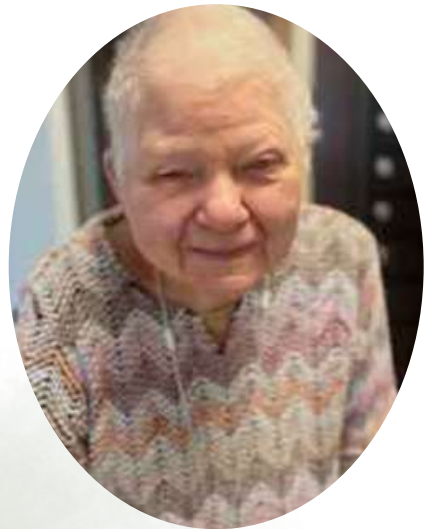
Carol Dexter.
1/8/56-3/18/26.



Betty Trollen.
1/8/35-3/9/26.



Jerry Felde.
7/6/39-3/24/26.



Judy Pirkl.
10/20/37-3/20/26

"Love is stronger than death, even though it can't stop death from happening."





Community Life



Happy April, dear friends!!!!

I'm so excited to welcome the spring season with all of you. This month, we're especially grateful to have Chaplain Kate with us as we return to in-person worship services, Growing in Grace, and begin a new women's Bible study. I'm truly looking forward to collaborating with her in this meaningful time together.

We also have some fun outings ahead, including a trip to Culver's for lunch and a shopping visit to Cub. While we'll miss live music this month, don't worry—there will be plenty to enjoy in May! In the meantime, I encourage you to try something new, like Card Making Club, Competition Trivia, or Craft & Create.

As always, I welcome your ideas and suggestions—this calendar is for you! My goal is to help make each day as meaningful and enjoyable as possible, so please never hesitate to share what you'd love to see.

I'm so looking forward to this beautiful new season with all of you.



As always, please don't hesitate to reach out to me with any questions, ideas, or concerns you may have. I am here for YOU! to support you, to listen, and to help make life at Boulder Ponds as wonderful, comfortable, and joy-filled as possible. Your thoughts matter, your voice matters, and I'm always just a conversation away.





Upcoming Outings & Events



Easter Egg Dying- *April 1st*

Easter Brunch- *April 3rd*

Men's Bible Study- *April 7th*

Spring Fling Happy Hour- *April 7th*

Sustainable Safari Zoo Visit- *April 9th*

Cub Foods Shopping Trip- *April 10th*

Women's Bible Study- *April 16th*

Culvers Lunch Trip- *April 17th*

Resident Council- *April 20th*

Men's Bible Study- *April 21st*

Chef Chat- *April 21st*

Women's Bible Study- *April 30th*





Legacy Suites

Happy April, Friends & Family!

We're looking ahead to an exciting and engaging month of April filled with meaningful experiences for our residents! We're especially looking forward to a fun outing to The Woodbury Cafe, where residents can enjoy a change of scenery and a delicious meal together. Back at the community, our beloved therapy dog Aspen will continue to visit, bringing comfort, companionship, and plenty of smiles. We're also thrilled to continue Music with Megan, where residents can sing along, reminisce, and enjoy the uplifting power of music. To add even more excitement, we'll be welcoming the Sustainable Safari for an interactive animal experience that's sure to spark joy, curiosity, and lasting memories. April is shaping up to be a wonderful month full of connection, enrichment, and fun!



Upcoming Outings & Events



• **April 9th at 1:00 PM –
Sustainable Safari Visit**



• **April 20th at 3:00 PM –
Music with Megan**



• **April 24th at 12:30–
Outing to Woodbury Café**



• **– Therapy Dog Visit with
Aspen**

