

Boulder Ponds

Community News

February 2026.



Happy February, Boulder Ponds!

How lucky we are to welcome the season of love surrounded by the people who mean the most to us.

February is a time for connection, kindness, and celebrating the relationships that make our community so special. We're truly grateful to share this month with you and are so excited for everything February has in store. Here's to a season filled with love, warmth, and meaningful moments together.





What's New?



Dining Room Reminder



Residents do not need a meal ticket to attend meals, as their account will be charged à la carte. Meal tickets are only required when a resident is bringing a guest, in which case tickets should be picked up at the front desk. Additionally, we have spaces available to reserve for parties, family gatherings, and memorial services—please stop by the front desk to learn more about available options.



Outing Cancellation Reminder

Just a quick reminder about our outing policy with LifeSpark & Envoy Transportation. For safety reasons, if the temperature is 0 degrees or below, we are unable to go on scheduled outings. If an outing is canceled due to weather conditions, we will do our best to reschedule based on availability and Envoy's schedule. We understand this may be frustrating and apologize for any inconvenience, but thank you for your understanding as your health and safety are always our top priority.



Welcome, Myia!

Beginning in February 2026, we will be adding a new position to our team: Executive Director in Training. This role is intended for an individual pursuing a career in health care administration and provides the opportunity to work closely with an experienced Executive Director while working toward obtaining their Assisted Living Director license.

Catie will be serving as the mentor for this position. With over five years of experience as both a Nursing Home Administrator and a Licensed Assisted Living Director, I look forward to providing guidance, sharing knowledge, and welcoming a new member to our leadership team.



Myia Bailey

Executive Director in Training.

Hello everyone, my name is Myia Bailey, and I'm excited to be joining the community as the Executive Director in Training. I'm looking forward to learning from the team and getting to know each of you. I'm thrilled to be a part of this community. A few things I love to do are spending time with my new puppy, Sully, and traveling to new places! I'd love the opportunity to connect with everyone, share any similar interests, and get to know one another. I hope to meet you soon—please stop by and say hello anytime!"



February Birthdays



Assisted Living Birthdays

Jean K. - Feb 3rd

Goldie E. - Feb 5th

Jean W. - Feb 5th

Carol B. - Feb 11th

Sally T. - Feb 13th

Barb W. - Feb 17th

Legacy Suites Birthdays

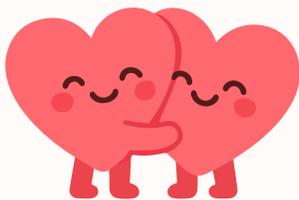
Dave S. - Feb 23rd



Resident Spotlight

We are absolutely overflowing with love for our February Resident Spotlight, Miss Sandy Felde!

If you don't know Sandy personally, you'll surely recognize her by her radiant smile. She carries a light wherever she goes, spreading positivity and making even the darkest days feel brighter. Sandy's infectious joy is truly irreplaceable in our community. Her ability to always see the good and beauty in everyday life, no matter the challenges, is a quality we all admire and aspire to. Sandy, thank you for being you. For your grateful spirit, your love for each day, and the kindness you so freely share with everyone around you. Your presence makes our community warmer, brighter, and more inspiring. We are so thankful for you!





News From Nursing

Our dedicated nursing team is onsite Monday through Sunday 7 days a week, ready to assist you with any medical needs, questions, or concerns you may have. To reach our nursing team, please do not hesitate to call the front desk and we will transfer you to someone who can assist you.



With January's chilly weather still sticking around, we wanted to share a quick reminder about staying warm and safe during below-zero temperatures. Check out the tips below to help you keep cozy, avoid the cold, and stay healthy!

- **Dress in warm layers and don't forget a hat, gloves, and scarf. Covering exposed skin helps prevent frostbite.**
- **Limit time outdoors during negative-degree weather, and come inside often to warm up.**
- **Keep your home safely heated and block drafts around doors and windows.**
- **Stay hydrated and eat warm meals like soups or stews to help your body stay warm.**
- **Wash hands regularly and avoid close contact with anyone who is sick to reduce the risk of colds and flu.**
- **Wear sturdy, non-slip shoes and take your time when walking on icy surfaces to prevent falls.**
- **Check in with family, friends, or neighbors and don't hesitate to ask for help if you need it.**



Maintenance



Jay, our Maintenance Director is onsite Monday Through Friday to tackle any maintenance issues you may have, big or small!

- ***For maintenance needs or work orders please contact the Front Desk.***

Housekeeping



Robb our Housekeeping Director, is in the building Monday through Friday. He and his wonderful team are here to make our building sparkle and to lend a hand whenever you need assistance.

- ***For Housekeeping needs or scheduling please contact the front desk.***

Dining



Questions regarding meal delivery service can be answered by the dining staff, Home Health Aides or by contacting the front desk. Any further questions or concerns will be addressed and answered at our monthly Chef Chat meeting with Jose, our head of Dining Services, on *Tuesday, February 16th 2:00pm in the First Floor Community Room.*****



**Men's Bible Study
with Terry Quinn.**

- ***Tuesday, Feb 3rd
2:00pm.***
- ***Tuesday, Feb 17th
2:00pm.***

**Women's Bible Study
with Chaplain
Olivia.**

- ***Thursday, Feb 12th
2:00pm.***
- ***Thursday, Feb 26th
2:00pm.***

Happy Love Month, my dear friends!
I'm so grateful to spend this season of love with each of you while also sharing God's love together. As we step into February, I know there can be a certain heaviness with all that's happening in our world, and I want to take a moment to acknowledge that. Please know that I am here for you and for our community in any way you may need—whether that's through prayer, a heartfelt conversation, or simply being a listening ear. Whatever life brings, you don't have to walk through it alone.

Chaplain Olivia is at our community every *Tuesday* and *Thursday* from **8:00 a.m. to **3:00 p.m.** She is always available for one-on-one support and is here to care for you both spiritually and personally.**

In Loving Memory &



Charles Keeler.
4/9/1947. - 1/6/2026.

*"Unable are the loved to
die, for love is
immortality." — Emily
Dickinson*





Happy February, my love bugs!

I'm so grateful to spend one of my favorite times of the year with the people who mean the most to me. This month is a gentle reminder of how powerful love is—how it shows up in big moments and quiet ones, shaping our lives in ways that are deeply personal and beautifully different for each of us. I'm thankful to share this season, this love, and this time together.

This February, we'll take our usual trip to Cub and enjoy a special brunch at Yum Bakery, where we'll indulge in every kind of sweet treat imaginable. We'll have live music from Kurt Weber, happy hours filled with Valentine's Day spirit, and so many opportunities to try new things together.

I also want to remind you that my door is always open and that I am here for you—always. If you have any ideas or thoughts for new activities in 2026, I would truly love to hear them so we can create experiences that you want and enjoy.

As always, thank you for allowing me to be a part of your everyday lives. It is truly an honor. Lets make it a great month!!!

As always, please don't hesitate to reach out to me with any questions, ideas, or concerns you may have. I am here for YOU! to support you, to listen, and to help make life at Boulder Ponds as wonderful, comfortable, and joy-filled as possible. Your thoughts matter, your voice matters, and I'm always just a conversation away.



Upcoming Outings & Events



Men's Bible Study- February 3rd .

Sweetheart Happy Hour- February 10th .

Live Music with Kurt Weber- February 11th .

Cub Foods Shopping Trip- February 12th .

Womens Bible Study- February 12th .

Cupids Cocktail Hour- February 12th .

Valentines day Bingo- February 13th .

Resident Council- February 16th .

Men's Bible Study- February 17th .

Chef Chat- February 17th .

Brunch at YUM Bakery- February 25th .

Womens Bible Study- February 26th .





Legacy Suites

Happy February, my friends!

I'm so excited to start this special month, so full of love, with all of you. This February, we'll be trying so many new things together! From competitive games of balloon volleyball with our brand-new net, to our makeshift tattoo shop and Nerf gun target practice, I can't wait to laugh, play, and make memories with you all.

I'm also thrilled to share some very special news—we have two new therapy dogs just for Legacy Suites!

Twinkles will be visiting us twice a month, and Aspen will join us once a month. We feel incredibly lucky to be able to offer such a special and comforting experience, and we hope they bring you as much joy as they bring us. We're celebrating love in an extra special way this month with a beautiful dinner and live music from Kurt Weber, created just for Legacy Suites. We've also rented out a theater room at Woodbury 10 for a special movie screening just for us!

February is all about love, and our greatest hope is that you feel surrounded by it, today and always.



Upcoming Outings & Events



Music With Megan- February 2nd .

Valentines Day Craft with Miss Alyssa- February 3rd

Men's Bible Study- February 3rd .

Bake & Bond Chocolate Covered Strawberries- February 4th .

Valentines Day Boxes- February 10th .

Bake & Bond Cupcake Decorating- February 11th .

Women's Bible Study- February 12th .

Twinkles the Therapy Dog visit- February 12th .

Valentines Day Dinner Party with live music- February 13th .

Music with Megan- February 16th .

Men's Bible Study- February 17th .

Bake & Bond Heart Shaped Pizza's- February 18th .

Woodbury 10 Movie Theater Outing- February 20th

Bake & Bond Yogurt Berry Cups- February 25th .

Women's Bible Study- February 26th .

Twinkles the Therapy Dog visit- February 26th .





The only way to live
is to do everything
with love.