

Boulder Ponds

Community News

June 2025.



Happy June, Friends & Family!

Summer is finally here, and we couldn't be more excited to share the sunshine, laughter, and special moments with all of you. At Boulder Ponds, every season is special, but there's something truly joyful about these warm, sunny days spent together. We are so thankful for each and every one of you. Here's to a season full of smiles, sunshine, and sweet memories.



Whats New?



Fathers Day Brunch!

Calling all dads! Join us for a special Father's Day Brunch on **Thursday, June 13th from 9:00 to 10:00 AM in the 2nd Floor Pub.** We'll be serving up a delicious spread of pancakes, pastries, and hot coffee to celebrate you! Come enjoy a relaxing morning filled with great food, good company, and lots of appreciation. We love and thank you for all that you do!

Summer Kick off Hawaiian Party!

Get ready to celebrate the start of summer with us at our Summer Kick off Party! Join us on **Friday, June 13th from 2:30 to 4:00 PM** at the Boulder Ponds Bistro for an afternoon of fun, laughter, and sunshine. We'll have delicious snacks, refreshing drinks, live music to get you dancing, and a snow cone truck to help you cool off. Don't miss out on the fun!

Family Council!

Join us for our Boulder Ponds Family Council on **Tuesday, June 10th from 5:30 to 6:30 PM.** This gathering is a chance for families to come together, ask questions, share thoughts or concerns, and offer honest feedback about our community. Your input is incredibly important to us as we continue to grow and improve. We look forward to hearing your ideas and working together to make Boulder Ponds the best it can be!

Thank you, Carrissa!

We are sad to share that Carrissa will be stepping down from her position as Legacy Suites Coordinator. While it's always hard to say goodbye to someone in a role they've filled with such love and dedication, we are grateful that this isn't a true farewell; Carrissa will be transitioning back into her role as a Home Health Aide here at Boulder Ponds.

Carrissa has brought warmth, joy, and a deep sense of care to the Legacy Suites community, and her presence has made a lasting impact on all of us. We are so thankful that her light will continue to shine throughout our building. Her last day as Legacy Suites Coordinator will be June 13th.

We are actively hiring for her replacement, and in the meantime, our Activities Assistant will be stepping in as interim support to ensure a smooth transition.

We are incredibly grateful to Carrissa for all she has done in this role.



June Birthdays

Assisted Living

♥ **Helen K- June 6th**

♥ **Doris M.- June 8th**

♥ **William B.- June 14th.**

♥ **Bee S.- June 17th**

♥ **LaVonne K.- June 26th**



Legacy Suites

♥ **Nancy M.- June 4th**

♥ **Mary G.- June 9th**

♥ **Betty N.- June 17th**



News From Nursing



Our dedicated nursing team is onsite Monday through Sunday 7 days a week, ready to assist you with any medical needs, questions, or concerns you may have. To reach our nursing team, please do not hesitate to call the front desk and we will transfer you to someone who can assist you.

As we step into June, the Boulder Ponds nursing team is focused on supporting residents with both physical and mental well-being. Here are some tips on how to stay healthy & happy this month!



Tips for staying Healthy & Happy in June!



Stay Hydrated



Drink water all day—don't wait until you're thirsty!



Use Sunscreen

Protect your skin with SPF and wear a wide-brimmed hat.



Rest Well

Take breaks and stay cool during the hottest part of the day.



Find Shade

Avoid direct sun from 10am to 4pm—relax in the shade instead.



Eat Fresh

Snack on fruits like watermelon, berries, and cucumbers to stay cool & hydrated.



Maintenance



Jay, our Maintenance Director is onsite Monday Through Friday to tackle any maintenance issues you may have, big or small!

For maintenance needs or work orders please contact the front desk.

Dining Room Chair Update

**New sliders were added to all the dining room chairs!
We hope this helps make dining easier and safer for everyone.**

If you notice any issues with the chairs, please let a staff member know.

Thank you!

Housekeeping



Robb our Housekeeping Director, is in the building Monday through Friday. He and his wonderful team are here to make our building sparkle and to lend a hand whenever you need assistance.

For Housekeeping needs or scheduling please contact the front desk.

Dining



Questions regarding meal delivery service can be answered by the dining staff, Home Health Aides or by contacting the front desk. Any further questions or concerns will be addressed and answered at our monthly Chef Chat meeting with Jose, our head of Dining Services, on Tuesday, June 17th 1:30pm in the First Floor Community Room.

- ***June menus can be found in the 2nd floor dining room and viewed in both elevators.***

Upcoming Outings & Events



June 6th - Cub Foods Shopping Trip

June 10th - Little Readers First Day

June 10th - Family Council

June 12th - Cooking Club Introduction

June 13th - Fathers Day Brunch

June 13th - Summer Kick off Party

June 16th - Resident Council

June 17th - Chef Chat

June 20th - Brunch at Angelinas Kitchen

June 25th - Smores Night

June 26th - Cooking Club





As we welcome the warmth of summer, we also prepare to say a warm goodbye to Carrissa in her role as Legacy Suites Coordinator. Words cannot fully express our gratitude for the love, joy, and care she has brought to Legacy Suites and the entire Boulder Ponds community. Carrissa's kindness, dedication, and radiant smile have touched so many hearts, and we are incredibly thankful for the time she's spent in this role. While we'll miss her in this position, we're so grateful we still get to see her bright spirit in our community.

Thank you, Carrissa, from the bottom of our hearts.



Carrissa's last day as Legacy Suites Coordinator will be *June 13th*. While we say goodbye to her in this role, we're grateful that Toni, our wonderful Activities Assistant, will be stepping in to help ensure a smooth transition as we actively search for a new Legacy Suites Activities Coordinator.

We know change can be challenging, and we want to reassure you that we are fully committed to making sure our Legacy Suites community continues to receive the engagement, care, and love they deserve during this time.

If you have any questions or concerns, please don't hesitate to reach out to CC, our Life Engagement Director. Thank you for your continued support.

With Love. from Carrissa-



Farewell but not Good Bye!

As many of you know, my journey in the Memory Care community has been a truly meaningful chapter of my career. It has been a privilege and a joy to spend time with each of you. Sharing in the laughter, the stories, the quiet moments, and the care that defines this special place.

While I am not leaving the building, I am transitioning back to my role as a Home Health Aide. This change allows me to return to the work that first called me to this field, providing one-on-one support and care to individuals in a more personalized setting. Although I will no longer be a daily presence in Community Life Activities, I look forward to continuing to see familiar faces around the community and staying connected in new ways.





MEET MADDIE!

LEGACY SUITES NEW THERAPY DOG.

WE'RE THRILLED TO WELCOME MADDIE, A CERTIFIED THERAPY DOG WITH 7 YEARS OF EXPERIENCE, TO OUR COMMUNITY! SHE'S WORKED WITH ALL KINDS OF PEOPLE AND BRINGS CALM, COMFORT, AND LOTS OF LOVE WHEREVER SHE GOES. MADDIE WILL VISIT OUR LEGACY SUITES UNIT EVERY OTHER TUESDAY STARTING JUNE 10TH FOR GROUP TIME AND OPTIONAL 1-ON-1 VISITS.

WE CAN'T WAIT FOR YOU TO MEET HER! SHE'S READY TO BRIGHTEN YOUR DAY WITH SNUGGLES, TRICKS AND SMILES!



Upcoming Outings & Events



June 10th - First day of The Little Readers

June 10th - Meet Maddie! -Legacy Suites Therapy Dog.

June 10th - Music with Megan!

June 10th - Family Council.

June 13th - Carrissas's Last Day in Activities.

June 13th - Summer kick off Party!

June 16th - Fathers Day celebration!

June 23rd - Pizza Picnic!

**June 24th - Moments with Maddie! - Legacy Suites
Therapy Dog.**

June 24th - Music with Megan!

June 27th - Pizza making class!



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