

Happy April, Friends & Family!
How blessed are we to be able to feel the rebirth
of sunshine and the blooming of spring flowers
together!

As we welcome this beautiful season, we embrace the promise of new beginnings, fresh opportunities, and warm moments with one another. The world around us is bursting with color and joy, and we're so grateful to share this special time with all of you. As the days grow longer, our community blossoms with laughter, love, and connection, filling our hearts with happiness and warmth.

Whats New?

Resident Council

Per the resident vote, the Resident Council will now be management-led, with all department heads present. The vote concluded with a 10-6 majority in favor of a management-led meeting. The next Resident Council meeting will be held on <u>April 21st at 2:00 PM.</u>

Dining

A letter was sent to all community members, which includes a detailed breakdown of meal pricing. It also specifies that any items not included in the original meal will incur an additional \$12 charge. For any additional questions please contact the front desk!

Package Delivery

Residents are responsible for picking up their own packages and keeping track of delivery times. If a package remains in the mailroom for more than 24 hours, you will receive a phone call from the front desk. If you are unable to pick up your package, you can notify the front desk, and your package will be delivered to your apartment at the end of the day for a \$6 charge. Additionally, you have the option to pay a \$30 monthly fee for all packages to be delivered directly to your apartment. Please contact the front desk for more information\questions.



- Mary Ann Wesley- *April 20th.*
 - John Wenger-April 24th.



News From Nursing-



Our dedicated nursing team is onsite Monday through Sunday 7 days a week, ready to assist you with any medical needs, questions, or concerns you may have. To reach our nursing team, please do not hesitate to call the front desk and we will transfer you to someone who can assist you.

Spring has officially arrived, and with it comes the allergy and cold season! We are so excited to finally feel the warmth of the sun, but it's important to continue our good practices to keep our community safe and healthy.

Tips for Staying Healthy This Spring:

Wash Your Hands: Keeping up with proper hand hygiene is key to preventing illness. Make sure to wash your hands regularly, especially after coughing, sneezing, or touching shared surfaces.

Watch for Allergy Symptoms: As the flowers bloom, allergy symptoms can start to appear. If you're feeling congested, have a runny nose, or experience sneezing, please let our nursing team know.

If You're Not Feeling Well, Reach Out: If you're experiencing any symptoms or just don't feel like yourself, don't hesitate to contact our nursing team. We're here to help and can provide guidance or care as needed.

Let's continue to work together to make this spring season a healthy and happy one for everyone!

Maintenance





Jay, our Maintenance Director is onsite Monday Through Friday to tackle any maintenance issues you may have, Big or small!

Maintenance Reminder: Residents should contact family for help with tasks like moving boxes or assembling furniture. Only submit work orders for routine maintenance. Hanging pictures, lightbulb replacement (personal items), and furniture removal are subject to additional charges. Contact the front desk for details.

HouseKeeping





Robb our Housekeeping Director, is in the building Monday through Friday. He and his wonderful team are here to make our building sparkle and to lend a hand whenever you need assistance.

For Housekeeping needs or scheduling please contact the front desk.

Building Cleanliness Update:

At our most recent Resident Council meeting, concerns about the overall cleanliness of the building were raised. Robb has heard these concerns and is actively working to ensure that our building remains a clean and safe space for everyone. Here's what our dedicated housekeeping team is doing to address these concerns:

- <u>Elevator Cleaning:</u> Both elevators are cleaned twice a week, which includes sanitizing all surfaces and mopping the floors.
- Main Halls: Robb vacuums the main halls once a week and also as needed.
- <u>Community Spaces:</u> The first-floor community room, bistro, and second-floor pub are cleaned daily, including vacuuming and sanitizing all surfaces.

While our housekeeping team is on the smaller side, they are committed to keeping our building beautiful, and we are incredibly grateful for their hard work!

How You Can Help:

- <u>Dispose of Trash Properly:</u> Please dispose of your trash in the designated bins and remember to break down boxes in the garbage rooms.
- Help Keep Common Areas Tidy: If you see something out of place in common areas, feel free to tidy up or report it to the team.

Together, we can maintain a clean and welcoming environment for all. Thank you for your continued support and cooperation!

Dining



Questions regarding meal delivery service can be answered by the dining staff, Home Health Aides or by contacting the front desk. Any further questions or concerns will be addressed and answered at our monthly Chef Chat meeting with Jose, our head of Dining Services, on <u>Tuesday. A pril 22nd 1:30 pm in the First Floor Community Room.</u>

April menus can be found in the 2nd floor <u>dining room and</u> viewed in both elevators.

Meal Charge Notice:

A letter was sent to all residents' community mailboxes, which includes a detailed breakdown of meal pricing. Please take a moment to review this information, as it outlines the cost of meals and any additional charges that may apply.

Important Note:

Any items not included in the original meal will incur an additional \$12 charge. We encourage you to review the letter carefully to understand the pricing structure.

If you have any questions or need further clarification regarding meal pricing or charges, please don't hesitate to reach out to our front desk for more information. We are here to assist you!

<u>Spiritual</u>



TUESDAYS- AL/IL 10:00AM Worship Service.



WEDNESDAYS Legacy Suites 10:30AM Worship Service.



April is such a beautiful and special month, a time to be together and celebrate the many blessings this season brings. Along with our regular worship services, we'll be holding special *Holy Week services* to honor all that Easter represents. These services will focus on the events of Easter and the love and hope they bring into our lives. We'll also continue our *Growing in Grace* group on Wednesdays, a lovely, intimate time for us to gather, share our hearts, and speak openly about our faith and spirituality. And don't forget, on April 30th, we'll be hosting a *Spirituality and Creativity group*—a wonderful opportunity to explore both our inner spirituality and creative expression together. We are so blessed to be able to celebrate and honor the month of April together. May it fill us all with light, love, and the warmth of God's grace.



Holy Week Services-

April 15th & 22nd, 10:00am.

Growing In Grace Group-

Wednesdays, 1:15pm.

<u>Spirituality & Creativity Group -</u> April 30th, 1:15pm.

Chaplain Jody is at our Community weekly on <u>Tuesdays</u> & <u>Wednesdays</u> and always avalible for personal visits.

Whether it's a casual conversation, guidance, or just a friendly chat, Chapalin Jody is here for you!





Marjorie Doody. 9/2/1937 - 3/24/2025



Sandra Hite. 3/26/1939 - 3/27/2025

"To live in hearts we leave behind is not to die." — Thomas Campbell







Community Life



Happy Spring, my sweet friends!

There's so much to look forward to this month as the flowers bloom, bringing with them new opportunities and activities here at Boulder Ponds! We've planned a variety of exciting outings, including trips to <u>Cub Foods</u> for grocery shopping, Treasure Island Casino for a bit of fun and luck,

and brunch at the charming Woodbury Cafe.

For those looking to get involved, we've added some fantastic new groups to the calendar! Our *Garden Club* will be planting a community indoor herb garden and potting our very own windowsill flowers. If you're a fan of mysteries, don't miss the *Audiobook Listening Club*, where we'll enjoy a live pre-recorded reading of The Mysterious Affair at Styles by Agatha Christie—a thrilling whodunit that's sure to spark plenty of lively discussions.

As we step into April, we'll also be celebrating Easter with special activities like *Easter week* worship services, Sip & Paint crafts, a beautiful live piano and violin performance, and of course, a joyful Easter celebration. I'm hoping this month brings blooming joy to each and every one of us!

Please remember to check your first-floor mailboxes next to the elevators for your monthly activities calendar. Additionally, you will find the weekly schedule posted in both elevators and at the front desk.



<u>Upcoming outtings & Events</u>



<u>April 2nd</u> - Resident Ambassador Meeting



<u>April 11th</u> - Cub Foods Shopping Trip

<u>April 14th</u> - Easter Week Starts! 🍣



<u>April 15th</u> - Holy Week Worship Service



<u>April 16th</u> - Easter Concert - Live Piano & Violin Performance

<u>April 17th</u> - Easter Celebration



<u> A*pril 18th*</u> - Treasure Island Casino Trip

<u>April 21st</u> - Resident Council

- <u>April 22nd</u> Holy Week Worship Service
- <u>April 22nd</u> Chef Chat



<u>April 25th</u> - Brunch at Woodbury Cafe









Legacy Suites









Springlime at Boulder Ponds!

As the season changes, we welcome the warmth and renewal of spring at Boulder Ponds Legacy Suites. Longer days and blooming flowers provide a wonderful setting for joyful moments with our residents.

This season, we look forward to garden strolls, arts and crafts, music therapy, and a special Easter celebration. We invite families to visit, share in these activities, and create meaningful memories together.

Wishing you all a bright and beautiful spring!

Legacy Suites calendars are available next to the bulletin board in our unit, and copies will also be placed in community members' apartments for your convenience. Please reach out to Carrissa with any comments, questions or concerns!

Carrissa.Ballard-Cropsey@lifesparksl.com.



<u>Upcoming outtings & Events</u>





<u>April 8th</u>- Music with Megan



<u>April 16th</u> - Easter Concert - Live Piano & Violin Performance



April 21st - Easter Celebration



<u>April 22nd</u> - Music with Megan



<u> A*pril 28th*</u> - Lunch at Northpole Restaurant



<u>April 28th</u> - April Birthday Celebration



