

Boulder Ponds

Community News

March 2025.

Happy March Friends & Family!



We're overflowing with excitement for the warmth of spring and the beauty of flowers soon to bloom! As we step into this new season, our hearts are full of gratitude for the love and warmth we've shared with each other through the winter months. It's been such a comforting journey, and now that March is here, we can't wait to see all the love, joy, and new beginnings it has in store for us!



Whats New?

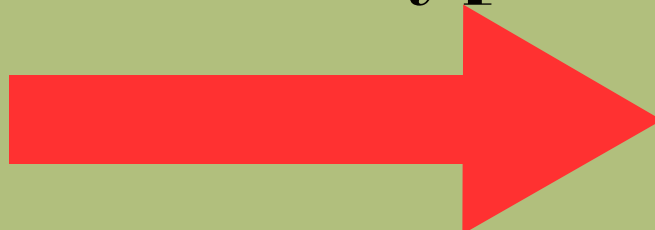
Resident Council Voting

Voting is now open for the future structure of our Resident Council. All AL/IL community members have received a voting form in their internal mailbox. Please return your completed form to the front desk by 3/11/2025. The results will be announced at the March Resident Council meeting.

Align Survey Results

In November, we conducted a satisfaction survey for both residents and families with a 43% response rate.

Here are the key points



Concerns:

- **Lack of a Chaplain**
- **Weekend Activities**
- **Free transportation to doctor appointments**
- **More menu options (especially fruits and veggies)**



Positive Feedback:

- **Words used to describe Boulder Ponds: Friendly, Good, Clean, Comfortable, Safe, Caring, Helpful**
- **Top 5 best things: Living Space, Staff responsiveness, Access to laundry, Feeling safe, Cheerful staff**



Actions Taken:

- **Chaplain:** We are excited to have Chaplain Jody leading services twice a week since January 2025.
- **Weekend Activities:** CC created a new activity schedule, including Bingo and Crafts in Legacy Suites, and AL/IL weekend activities every other weekend.
- **Transportation:** We are now providing a Washington County transportation booklet to new residents for low-cost ride options. Stop by the front desk for a copy!
- **Menu:** As of 2/3/25, we've added Meatloaf and Grilled Chicken Sandwich to the always available menu. We're also working on more fruit options and have two salad choices daily.
- **Dining Feedback:** Join us for the monthly Chef Chat to share any suggestions or concerns about dining.



Thank you for your valuable feedback! We're committed to making Boulder Ponds even better.

March Birthdays



♥ Ginny Jones- March 3rd

♥ Bill Standstrom- March 11th

♥ Shirley Seid- March 13th

♥ Marcella Cocchiarella- March 15th

♥ Dayton Nord- March 21st

♥ Donna Linell- March 26th

♥ Edie Cole- March 28th



News from Nursing



Our dedicated Nursing Team is onsite Monday through Sunday 7 days a week, Ready to assist you with any medical needs, questions, or concerns you may have. To reach our nursing team, please do not hesitate to call the front desk as we will transfer you to someone who can assist you.



Cold & Flu Season: We're Not Quite Out of the Woods Yet!

Cold and flu season is still with us! While we're all looking forward to warmer days, let's keep doing our part to stay healthy. Wash those hands often, and if you're not feeling your best, don't forget to mask up—it's a simple way to help protect you and your neighbors. We want everyone to stay happy, healthy, and feeling their best, so let's keep those germs at bay!

As always, if you have any questions or concerns, our wonderful nursing team is here for you. Don't hesitate to reach out!

Maintenance



Jay, our Maintenance Director is onsite Monday Through Friday to tackle any maintenance issues you may have, Big or small!

Maintenance Reminder: Residents should contact family for help with tasks like moving boxes or assembling furniture. Only submit work orders for routine maintenance. Hanging pictures, lightbulb replacement (in personal items), and furniture removal are subject to additional charges. Contact the front desk for details.

Housekeeping



Robb our Housekeeping Director, is in the building Monday through Friday. He and his wonderful team are here to make our building sparkle and to lend a hand whenever you need assistance.

- For Housekeeping needs or scheduling please contact the front desk for assistance.***

Please note that Housekeeping offers spot cleaning for carpets at an additional charge, We do not provide full carpet cleaning. Thank you for your understanding.

Dining



- ***March menus can be found in the 2nd floor dining room and viewed in both elevators.***

Questions regarding meal delivery service, can be answered by the dining staff, Home Health Aids or by contacting the front desk. Any further questions or concerns will be addressed and answered at our monthly Chef Chat meeting with Jose our head of Dining Services on Tuesday, March 18th 1:30pm in the First Floor Community Room.

New Menu Items

We're excited to announce two new items added to our All Available Menu: Meatloaf and a Grilled Chicken Sandwich! Be sure to give them a try at your next meal.

Extra Meal Charges

Please be mindful when ordering extra entrees. If you order two entrees, such as an omelet and French toast for breakfast, there will be a \$12 charge for the second entree. Thank you for your understanding!



March 6th

On March 6th, the kitchen's dishwasher will be replaced. During this time, meals will be served on paper products.

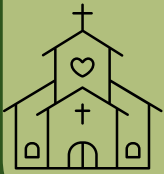
The only change to the menu that day will be at dinner, where we'll be serving deli sandwiches. The menu for that evening has been posted in the elevator.

We appreciate your patience and understanding!

Spiritual



TUESDAYS- AL/IL 10:00AM Worship Service.



**WEDNESDAYS- Legacy Suites 10:30AM
Worship Service.**

This month, Chaplain Jody will be leading a special *Ash Wednesday service on March 5th at 10:00 AM*, replacing our regular Tuesday service that week. It's a wonderful opportunity to come together for a meaningful time of reflection as we enter the season of Lent.

In addition, Chaplain Jody will be hosting her second *Spirituality & Creativity group on March 4th at 2:00 PM*. This group is a truly special time to express your faith, love, and any worries in a creative and fun way. We can't wait to see the new ways we'll grow together spiritually!

We're so excited for all the special things Chaplain Jody has in store for us this month. Be sure to join us for these uplifting and inspiring moments!



Ash Wednesday Service

Wednesday, March 5th 10:00am.

Spirituality & Creativity Group

Tuesday, March 4th 2:00pm.



Chaplain Jody is at our Community weekly on Tuesdays & Wednesdays and always available for personal visits. Whether it's a casual conversation, guidance, or just a friendly chat, Chaplain Jody is here for you!



Forever in our hearts



Tina Kruter.
10\18\1931-2\12\2025.



Karen Krinke.
8\17\1936-2\23\2025.

A note from community member, Paula Brown.-

I was deeply moved by the beautiful gathering at last week's memorial service in our building, led by our wonderful new pastor. It fills me with pride to see how our residents truly care for and support one another during both joyful and difficult times. The way we watch over each other makes the loss of a loved one more bearable. God bless everyone in our community who shows such compassion and love. The strength of our community shines brightest in moments like these.

Thank you so much, Paula Brown



Community Life



Happy March, My Sweet Friends!

I can't wait to see all the wonderful things this month will bring! We've got some fantastic activities lined up, and I'm so excited to share them with you.

We'll enjoy **live music from Vinnie Rose**, a beautiful **piano performance by Robert Bozach**, a trip to **Cub for groceries and brunch at Lake Elmo Inn**.

For those of you who love to get creative, we have some fantastic new Sip & Paint projects, including **customizing your own water bottles and aprons**, as well as **designing a your own one-of-a-kind bracelet**. There's something for everyone to enjoy!

We're also starting a new group called **Coffee & Question of the Day** where we'll reminisce and reflect on our pasts through the book "Tell Me Your Story". We'll spark some great conversations and connect with ourselves and one another on a deeper level.

March is all about new opportunities to connect, create, and share love with one another. I'm so excited to see all of you enjoying the fun ahead!

Please remember to check your first-floor mailboxes next to the elevators for your monthly activities calendar. Additionally, you will find the weekly schedule posted in both elevators and at the front desk.

Upcoming Outting & Events



♥ **March 4th** – Spirituality & Creativity Group with
Chaplain Jody.

♥ **March 5th** – Ash Wednesday Worship Service.

♥ **March 7th** – Cub Foods Shopping Trip.

♥ **March 11th** – Happy Hour with music from Vinnie
Rose.

♥ **March 17th** – St. Patrick's Day Party.

♥ **March 17th** – Resident Council.

♥ **March 18th** – Chef Chat.

♥ **March 19th** – Piano Performance by Robert Bozach.

♥ **March 21st** – Brunch at Lake Elmo Inn.

♥ **March 27th** – March Birthday Happy Hour





Legacy Suites



Happy March, friends!

We're so excited for the warmer weather and even warmer times spent together! This month is full of fun activities and new experiences that we can't wait to share. We'll kick things off with a **creative adventure led by Alyssa, where we'll tap into our artistic side and explore something new. There will also be **live music performances by Music with Megan, Vinnie Rose**, and a **special piano performance by Robert Bozaich**, filling the air with beautiful tunes. We'll be taking a fun trip to **Gorman's Restaurant in Lake Elmo for a delicious lunch**, followed by a chance to learn some tasty new recipes with Carissa! With so much in store, there's something for everyone to enjoy. We can't wait to create more wonderful memories together this month!**

Legacy Suites calendars are available next to the bulletin board in our unit, and copies will also be placed in community members' apartments for your convenience. Please reach out to Carrissa with any comments, questions or concerns!

Upcoming Outting & Events



♥ **March 5th** - Ash Wednesday Worship Service.

♥ **March 7th** - Art Class with Alyssa.

♥ **March 11th** - Live Music by Vinnie Rose.

♥ **March 17th** - St. Patrick's Day Celebration.

♥ **March 19th** - Piano Performance by Robert
Bozaich.

♥ **March 24th** - Lunch at Gorman's Restaurant, Lake
Elmo.

♥ **March 25th** - Music with Megan.

♥ **March 31st** - March Birthday Celebration.



