


October 2024 - Legacy Suites

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FF Frist Floor Patio		10:00 Church Service <b>1</b> 10:30 Daily Chronicell! - Linked Senior 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Games! Trivia Time 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>2</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Painting Projects!- Dining Room Centerpieces! 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>3</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Music! 3:00 Movie Matinee!- Little Women 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>4</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Arm Chair Travels!- Great German Adventures! 4:00 Fresh Faces	10:30 Chair Yoga! <b>5</b> 11:00 Fresh Faces! 1:00 Popsicles on the Patio!
10:30 Chair Yoga! <b>6</b> 11:00 Fresh Faces! 1:00 Movie Matinee Popcorn Party!	10:30 Daily Chronicell! - Linked Senior <b>7</b> 11:00 Bingo! 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Monday Manicures & Hand Lotions Massage 4:00 Fresh Faces	10:00 Church Service <b>8</b> 10:30 Daily Chronicell! - Linked Senior 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Games! Trivia Time 3:00 Music With Megan! 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>9</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Cocktails with Live Music from Les Blake! [FF] 3:00 Painting Projects!- Pine Cones! 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>10</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Music! 3:00 Movie Matinee!- Beetle Juice 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>11</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 OUTING- Aamodt's Apple Orchard! 2:00 Arm Chair Travels!- Sweet treats in Switzerland 4:00 Fresh Faces	10:30 Chair Yoga! <b>12</b> 11:00 Fresh Faces! 12:00 Tonis Manicures! 2:00 Fall Crafts with Toni!
10:30 Chair Yoga! <b>13</b> 11:00 Fresh Faces! 2:00 Tonis Cookie Corner & Movie Matinee	<b>Columbus Day 14</b> 10:30 Daily Chronicell! - Linked Senior 11:00 Bingo! 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Monday Manicures & Hand Lotions Massage 4:00 Fresh Faces	10:00 Church Service <b>15</b> 10:30 Daily Chronicell! - Linked Senior 11:30 Fresh Faces 1:00 Therapy Horse visit on the Patio! [FF] 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Games! Trivia Time 3:00 Drumming With Carolyn! 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>16</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Painting Projects!- Paint your own Pumpkin! 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>17</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Music! 3:00 Movie Matinee!- Fantastic Mr. Fox 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>18</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Arm Chair Travels!- Moroccan marvels! 4:00 Fresh Faces	10:30 Chair Yoga! <b>19</b> 11:00 Fresh Faces! 12:30 Rootbeer Floats with Kali!
10:30 Chair Yoga! <b>20</b> 11:00 Fresh Faces! 12:30 Movie Matinee!	10:30 Daily Chronicell! - Linked Senior <b>21</b> 11:00 Bingo! 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Monday Manicures & Hand Lotions Massage 4:00 Fresh Faces	10:00 Church Service <b>22</b> 10:30 Daily Chronicell! - Linked Senior 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Games! Trivia Time 3:00 Music With Megan! 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>23</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Painting Projects!- Halloween Crafts! 4:00 Fresh Faces 5:30 Movie Night!	10:30 Daily Chronicell! - Linked Senior <b>24</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Music! 3:00 Movie Matinee!- Hocus Pocus 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>25</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Arm Chair Travels!- Spookey Salem! 4:00 Fresh Faces	10:30 Chair Yoga! <b>26</b> 11:00 Fresh Faces! 12:00 Trivia with toni! 2:00 Halloween Crafts with Toni!
10:30 Chair Yoga! <b>27</b> 11:00 Fresh Faces! 2:00 Movie Matinee Popcorn Party!	10:30 Daily Chronicell! - Linked Senior <b>28</b> 11:00 Halloween Bingo! 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Monday Manicures & Hand Lotions Massage 4:00 Fresh Faces	10:00 Church Service <b>29</b> 10:30 Daily Chronicell! - Linked Senior 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Games! Trivia Time 4:00 Fresh Faces	10:30 Daily Chronicell! - Linked Senior <b>30</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Painting Projects!- Halloween Baskets 4:00 Trunk or Treat!	<b>Halloween 31</b> 10:30 Daily Chronicell! - Linked Senior 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Halloween Party! 4:00 Fresh Faces		<ul style="list-style-type: none"> <li><span style="color: #e91e63;">EM</span> Emotional</li> <li><span style="color: #4caf50;">EN</span> Enviromental</li> <li><span style="color: #ffc107;">IN</span> Intellectual</li> <li><span style="color: #ff9800;">PH</span> Physical</li> <li><span style="color: #8bc34a;">VO</span> Vocational</li> <li><span style="color: #2196f3;">SO</span> Social</li> <li><span style="color: #9c27b0;">SP</span> Spiritual</li> <li><span style="color: #000000;">HO</span> Holiday</li> </ul>