

# September 2024 - Legacy Suites

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Daily Chronicle! - Linked Senior <b>1</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>4:00 Fresh Faces</p>	<p><b>Labor Day 2</b></p> <p>1:00 Rest and Recharge</p> <p>1:30 Popsicels on the Patio!</p>	<p>10:00 Church Service <b>3</b></p> <p>10:30 Daily Chronicle! - Linked Senior</p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Linked Senior Games! Trivia Time</p> <p>2:30 Treats With Tess! - Rootbeer Floats!</p> <p>4:00 Fresh Faces</p>	<p>9:00 Podiatry Visit [FF] <b>4</b></p> <p>10:30 Daily Chronicle! - Linked Senior</p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>3:00 Painting Projects!- Paint your Own Frame!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>5</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Linked Senior Music!</p> <p>3:00 Movie Matinee!- Wizard of Oz!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>6</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Arm Chair Travels!- Discover Dubi</p> <p>3:00 Grandparents Day Party!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Patio Chats <b>7</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>2:00 Chair Yoga</p> <p>3:00 Movie Matinee</p> <p>4:00 Fresh Faces</p>
<p>10:30 Patio Chats <b>8</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>2:00 Chair Yoga</p> <p>3:00 Movie Matinee</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>9</b></p> <p>11:00 Bingo!</p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>3:00 Monday Manicures &amp; Hand Lotions Massage</p> <p>4:00 Fresh Faces</p>	<p>10:00 Church Service <b>10</b></p> <p>10:30 Daily Chronicle! - Linked Senior</p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Linked Senior Games! Trivia Time</p> <p>3:00 Music With Megan!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>11</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>3:00 Painting Projects!- Welcome Signs</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>12</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Linked Senior Music!</p> <p>3:00 Cocktail Hour!</p> <p>4:00 Fresh Faces</p> <p>4:30 Elegant Dinner Party!</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>13</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Arm Chair Travels!- Marvelous Minnesota!</p> <p>3:00 Linked Senior Games- Jeopardy!</p> <p>4:00 Fresh Faces</p>	<p>11:00 Tonis Maicures! <b>14</b></p> <p>11:30 Fresh Faces</p> <p>12:30 Trivia with Toni!</p> <p>1:00 Rest and Recharge</p> <p>4:00 Fresh Faces</p>
<p>11:00 Tonis Manicures! <b>15</b></p> <p>11:30 Fresh Faces</p> <p>12:30 Balloon Volleyball!</p> <p>1:00 Rest and Recharge</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>16</b></p> <p>11:00 Bingo!</p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>3:00 Drumming With Carolyn!</p> <p>3:00 Monday Manicures &amp; Hand Lotions Massage</p> <p>4:00 Fresh Faces</p>	<p>10:00 Church Service <b>17</b></p> <p>10:30 Daily Chronicle! - Linked Senior</p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Linked Senior Games! Trivia Time</p> <p>3:00 Music With Megan!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>18</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>3:00 Treats With Tess- Apple Pie!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>19</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Linked Senior Music!</p> <p>3:00 Movie Matinee!- Beetel Juice!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>20</b></p> <p>11:30 Fresh Faces</p> <p>12:00 OUTING- Lakeside Park Picnic!</p> <p>1:00 Movie Matinee!</p> <p>1:00 Rest and Recharge</p> <p>4:00 Fresh Faces</p>	<p>10:30 Patio Chats! <b>21</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>2:00 Chair Yoga</p> <p>3:00 Movie Matinee</p> <p>4:00 Fresh Faces</p>
<p>10:30 Patio Chats! <b>22</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>2:00 Chair Yoga</p> <p>3:00 Movie Matinee</p> <p>4:00 Fresh Faces</p>	<p>10:00 Welcome Autum- Carmel Apples &amp; Hot Cider! <b>23</b></p> <p>10:30 Daily Chronicle! - Linked Senior</p> <p>11:00 Bingo!</p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Autum Movie Matinee- Practical Magic</p> <p>3:00 Monday Manicures &amp; Hand Lotions Massage</p> <p>4:00 Fresh Faces</p>	<p>10:00 Church Service <b>24</b></p> <p>10:30 Daily Chronicle! - Linked Senior</p> <p>11:00 Sweat With Tess!</p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Linked Senior Games! Trivia Time</p> <p>2:30 Treats With Tess! - Pumpkin Bread!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>25</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>3:00 Painting Projects!- Door Wreaths!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>26</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Linked Senior Music!</p> <p>4:00 Fresh Faces</p> <p>5:30 Movie Night!- WONKA</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>27</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>2:00 Arm Chair Travels!- Autum Walk</p> <p>3:00 Patio Picnic!</p> <p>4:00 Fresh Faces</p>	<p>11:00 Chair Yoga with Toni! <b>28</b></p> <p>11:30 Fresh Faces</p> <p>12:30 Tonis Craft Corner</p> <p>1:00 Rest and Recharge</p> <p>4:00 Fresh Faces</p>
<p>11:00 Chair Yoga with Toni! <b>29</b></p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>2:00 Movie Matinee Popcorn party!</p> <p>4:00 Fresh Faces</p>	<p>10:30 Daily Chronicle! - Linked Senior <b>30</b></p> <p>11:00 Bingo!</p> <p>11:30 Fresh Faces</p> <p>1:00 Rest and Recharge</p> <p>1:30 Sweat With Tess!</p> <p>3:00 Monday Manicures &amp; Hand Lotions Massage</p> <p>4:00 Fresh Faces</p>	<div style="display: flex; align-items: center;">  <div> <p><b>EM</b> Emotional</p> <p><b>EN</b> Enviromental</p> <p><b>IN</b> Intellectual</p> <p><b>PH</b> Physical</p> <p><b>VO</b> Vocational</p> <p><b>SO</b> Social</p> <p><b>SP</b> Spiritual</p> <p><b>HO</b> Holiday</p> </div> <div style="margin-left: 20px;"> <p>FF First Floor Lobby</p> </div> </div>				