

# September 2024 - Legacy Suites

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Daily Chronicle! - Linked Senior <b>1</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 4:00 Fresh Faces	<b>Labor Day 2</b> 1:00 Rest and Recharge 1:30 Popsicels on the Patio!	10:00 Church Service <b>3</b> 10:30 Daily Chronicle! - Linked Senior 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Games! Trivia Time 2:30 Treats With Tess! - Rootbeer Floats! 4:00 Fresh Faces	9:00 Podiatry Visit [FF] <b>4</b> 10:30 Daily Chronicle! - Linked Senior 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Painting Projects!- Paint your Own Frame! 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>5</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Music! 3:00 Movie Matinee!- Wizard of Oz! 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>6</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Arm Chair Travels!- Discover Dubi 3:00 Grandparents Day Party! 4:00 Fresh Faces	10:30 Patio Chats <b>7</b> 11:30 Fresh Faces 1:00 Rest and Recharge 2:00 Chair Yoga 3:00 Movie Matinee 4:00 Fresh Faces
10:30 Patio Chats <b>8</b> 11:30 Fresh Faces 1:00 Rest and Recharge 2:00 Chair Yoga 3:00 Movie Matinee 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>9</b> 11:00 Bingo! 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Monday Manicures & Hand Lotions Massage 4:00 Fresh Faces	10:00 Church Service <b>10</b> 10:30 Daily Chronicle! - Linked Senior 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Games! Trivia Time 3:00 Music With Megan! 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>11</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Painting Projects!- Welcome Signs 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>12</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Music! 3:00 Cocktail Hour! 4:00 Fresh Faces 4:30 Elegant Dinner Party!	10:30 Daily Chronicle! - Linked Senior <b>13</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Arm Chair Travels!- Marvelous Minnesota! 3:00 Linked Senior Games- Jeopardy! 4:00 Fresh Faces	11:00 Tonis Maicures! <b>14</b> 11:30 Fresh Faces 12:30 Trivia with Toni! 1:00 Rest and Recharge 4:00 Fresh Faces
11:00 Tonis Manicures! <b>15</b> 11:30 Fresh Faces 12:30 Balloon Volleyball! 1:00 Rest and Recharge 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>16</b> 11:00 Bingo! 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Drumming With Carolyn! 3:00 Monday Manicures & Hand Lotions Massage 4:00 Fresh Faces	10:00 Church Service <b>17</b> 10:30 Daily Chronicle! - Linked Senior 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Games! Trivia Time 3:00 Music With Megan! 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>18</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Treats With Tess- Apple Pie! 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>19</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Music! 3:00 Movie Matinee!- Beetel Juice! 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>20</b> 11:30 Fresh Faces 12:00 OUTING- Lakeside Park Picnic! 1:00 Movie Matinee! 1:00 Rest and Recharge 4:00 Fresh Faces	10:30 Patio Chats! <b>21</b> 11:30 Fresh Faces 1:00 Rest and Recharge 2:00 Chair Yoga 3:00 Movie Matinee 4:00 Fresh Faces
10:30 Patio Chats! <b>22</b> 11:30 Fresh Faces 1:00 Rest and Recharge 2:00 Chair Yoga 3:00 Movie Matinee 4:00 Fresh Faces	10:00 Welcome Autum- Carmel Apples & Hot Cider! <b>23</b> 10:30 Daily Chronicle! - Linked Senior 11:00 Bingo! 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Autum Movie Matinee- Practical Magic 3:00 Monday Manicures & Hand Lotions Massage 4:00 Fresh Faces	10:00 Church Service <b>24</b> 10:30 Daily Chronicle! - Linked Senior 11:00 Sweat With Tess! 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Games! Trivia Time 2:30 Treats With Tess! - Pumpkin Bread! 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>25</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Painting Projects!- Door Wreaths! 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>26</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Linked Senior Music! 4:00 Fresh Faces 5:30 Movie Night!- WONKA	10:30 Daily Chronicle! - Linked Senior <b>27</b> 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 2:00 Arm Chair Travels!- Autum Walk 3:00 Patio Picnic! 4:00 Fresh Faces	11:00 Chair Yoga with Toni! <b>28</b> 11:30 Fresh Faces 12:30 Tonis Craft Corner 1:00 Rest and Recharge 4:00 Fresh Faces
11:00 Chair Yoga with Toni! <b>29</b> 11:30 Fresh Faces 1:00 Rest and Recharge 2:00 Movie Matinee Popcorn party! 4:00 Fresh Faces	10:30 Daily Chronicle! - Linked Senior <b>30</b> 11:00 Bingo! 11:30 Fresh Faces 1:00 Rest and Recharge 1:30 Sweat With Tess! 3:00 Monday Manicures & Hand Lotions Massage 4:00 Fresh Faces	 <ul style="list-style-type: none"> <li><span style="background-color: #e91e63; color: white; padding: 2px;">EM</span> Emotional</li> <li><span style="background-color: #4caf50; color: white; padding: 2px;">EN</span> Enviromental</li> <li><span style="background-color: #ffc107; color: white; padding: 2px;">IN</span> Intellectual</li> <li><span style="background-color: #ff9800; color: white; padding: 2px;">PH</span> Physical</li> <li><span style="background-color: #4caf50; color: white; padding: 2px;">VO</span> Vocational</li> <li><span style="background-color: #2196f3; color: white; padding: 2px;">SO</span> Social</li> <li><span style="background-color: #9c27b0; color: white; padding: 2px;">SP</span> Spiritual</li> <li><span style="background-color: #795548; color: white; padding: 2px;">HO</span> Holiday</li> </ul> <p style="text-align: right;">FF First Floor Lobby</p>				