


July 2024 - Assisted Living/Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Chair Yoga! [SF] 1 10:30 Trivia Time! [SP] 1:00 Card Games On The Patio! [FF] 3:00 Sip & Paint! [FF] 7:00 Game show Network! [SF]	10:00 Church Service [CR] 2 10:00 Cribbage Group! [SF] 11:00 Chair Yoga [SF] 1:00 Spark Challenge Grip Games Captions Meeting! 3:30 Happy Hour! [SF] 4:00 Tonis Nails! Come Get a Manicure! [SF]	10:00 Chair Yoga! [SF] 3 1:00 Travel Trivia! [SP] 2:00 Bingo! [CR] 3:15 4th of July Ice Cream Popsicle Celebration! [CR]	Independence Day 4 10:00 Open Gym ! [SF] 1:00 Movie Matinee- Born on the 4th of July! [SF] 3:30 Resident Led Patio Happy Hour- Look for Fire Works! [FF]	10:00 Walking Group With CC! [SF] 5 1:00 Garden Club! Patio Pot Planting 2:00 Bingo! [FF] 5:30 Resident Led Happy Hour! BYOB [SF]	1:00 Open Gym! [SF] 6 2:00 Game Show Network! [SF] 6:00 Resident Led Walking Group! [FF]
1:00 Open Gym! [SF] 7 2:30 Game Show NetWork in the Pub! 6:00 Resident Led Pub Games [SF]	10:00 Chair Yoga! [SF] 8 10:30 Trivia Time! [SP] 12:00 Cub Foods Shopping Trip! 3:00 Sip & Paint! [FF]	10:00 Church Service [CR] 9 10:00 Cribbage Group! [SF] 11:00 Chair Yoga [SF] 3:30 Happy Hour! [SF] 4:00 Tonis Nails! Come Get a Manicure! [SF]	10:00 Chair Yoga! [SF] 10 1:00 Travel Trivia! [SP] 2:00 Bingo! [CR] 3:15 Ice Cream Social [FF]	10:00 Chair Yoga! [SF] 11 10:30 Arm Chair Travels! Discovering London [SF] 1:00 Netflix Mystery Series In The Pub! 3:30 Happy Hour! [SF] 4:00 Tonis Nails! Come Get a Maincure! [SF]	10:00 Walking Group With CC! [SF] 12 1:00 Bible Study & Grief Group With CC! [SF] 2:00 Bingo! [FF] 3:15 Flower Friday [SF] 5:30 Resident Led Happy Hour! BYOB [SF]	10:30 Walking Group With Toni! [FF] 13 1:00 Open Gym! [SF] 2:00 Card Making Crafts With Toni! [SF] 3:00 Game Show Network! [SF] 6:00 Resident Led Walking Group! [FF]
10:30 Walking Group With Toni! [FF] 14 10:30 Donuts With Beth In The Pub! [SF] 1:00 Open Gym! [SF] 6:00 Resident Led Pub Games [SF]	10:00 Chair Yoga! [SF] 15 10:30 Trivia Time! [SP] 11:00 Out to Brunch! - Southern Social Grill! 2:00 Resident Council 3:00 Sip & Paint! [FF]	10:00 Church Service [CR] 16 10:00 Cribbage Group! [SF] 11:00 Chair Yoga [SF] 1:00 Panting Project in the Pub! [SF] 2:00 Chef Chat! [FF] 3:30 Happy Hour! [SF]	10:00 Chair Yoga! [SF] 17 1:00 Summer Sweets With CC! Making Ice cream sandwiches' [F F] 2:00 Bingo! [CR] 3:15 Root Beer Float	10:00 Chair Yoga! [SF] 18 10:30 Arm Chair Travels! Adventuring Australia [SF] 1:00 Netflix Mystery Series In The Pub! 3:30 Happy Hour On The Patio! [FF]	10:00 Walking Group With CC! [SF] 19 1:00 Mini Pizzas In The Pub! [SF] 1:00 Bible Study & Grief Group With CC! [SF] 2:00 Bingo! [FF] 5:30 Resident Led Happy	10:30 Trivia Time With LaQuinta In The Pub! [SF] 20 1:00 Open Gym! [SF] 3:00 Game Show Network! [SF] 6:00 Resident Led Walking Group! [FF]

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		4:00 Ice Cream Truck Social! [FF]	Social On The Patio! [FF]	4:00 Tonis Nails! Come Get a Maincure! [SF]	Hour! BYOB [SF]	
10:30 Trivia Time With LaQuinta In The Pub! 21 1:00 Open Gym! [SF] 6:00 Resident Led Pub Games [SF]	10:00 Chair Yoga! [SF] 22 10:30 Trivia Time! [SP] 1:00 Card Games On The Patio! [FF] 3:00 Sip & Paint! [FF]	10:00 Church Service [CR] 23 10:00 Cribbage Group! [SF] 11:00 Chair Yoga [SF] 1:00 Grip Games Spark Challenge! [SF] 3:30 Happy Hour! [SF]	10:00 Chair Yoga! [SF] 24 1:00 Summer Sweets With CC! Making Muffins 2:00 Bingo! [CR] 3:15 Ice Cream Social [FF]	10:00 Chair Yoga! [SF] 25 10:30 Arm Chair Travels! Eating Our Way Through Italy [SF] 1:00 Netflix Mystery Series In The Pub! 3:30 Happy Hour! [SF] 4:00 Tonis Nails! Come Get a Maincure! [SF]	10:00 Walking Group With CC! [SF] 26 1:00 Bible Study & Grief Group With CC! [SF] 2:00 Bingo! [FF] 3:15 Flower Fridays! [SF] 5:30 Resident Led Happy Hour! BYOB [SF]	10:30 Walking Group With Toni! 27 1:00 Open Gym! [SF] 3:00 Painting on the Patio! [FF] 6:00 Resident Led Walking Group! [FF]
10:30 Walking Group With Toni! [FF] 28 1:00 Open Gym! [SF] 3:00 Patio Trivia With Toni! [FF] 6:00 Resident Led Pub Games [SF]	10:00 Chair Yoga! [SF] 29 10:30 Trivia Time! [SP] 1:00 Card Games On The Patio! [FF] 3:00 Sip & Paint! [FF]	10:00 Church Service [CR] 30 10:00 Cribbage Group! [SF] 11:00 Chair Yoga [SF] 1:00 Grip Games Spark Challenge! [SF] 3:30 Happy Hour! [SF]	10:00 Chair Yoga! [SF] 31 1:00 Travel Trivia! [SP] 2:00 Bingo! [CR] 3:15 Ice Cream Social [FF]	 <ul style="list-style-type: none"> EM Emotional EN Enviromental IN Intellectual PH Physical VO Vocational SO Social SP Spiritual HO Holiday 		CR First Floor Community Room FF First Floor Community Room SF second floor pub SP second floor pub