

April 2024

Happy April Friends & Family!

Spring has officially sprung at Boulder Ponds, and we couldn't be more excited to welcome the beauty and warmth of April! As nature awakens all around us, we're filled with a renewed sense of energy and anticipation for the adventures that await us this month. From festive celebrations to meaningful connections, there's something for everyone to enjoy in our vibrant community.



What's New?

New Team Members

Rob Sandberg

It is with great excitement and pleasure that we introduce you to the newest member of our Boulder Ponds family, Mr. Rob Sandberg! As our community continues to grow and thrive, we are thrilled to welcome Rob as the new Head of Custodial Services. With his wealth of experience, dedication to excellence, and passion for serving others, Rob is a valuable addition to our team, and we couldn't be more delighted to have him on board.

Rob will be onsite working Monday-Friday



News From Nursing-



We're delighted to share some positive news from our nursing department here at Boulder Ponds! We are thrilled to announce that our nursing team is now fully staffed, ensuring that we can continue to provide exceptional care and support to all of our residents.

Our dedicated nursing team is now onsite Monday through Sunday 7 days a week, ready to assist you with any medical needs, questions, or concerns you may have. Whether it's medication management, health assessments, or simply a friendly chat, our nurses are here to provide compassionate care and guidance.

Should you need to reach out to our nursing team for any reason, please don't hesitate to call the front desk. Our friendly staff will connect you with a member of the nursing team who can assist you promptly. Your health and safety are our top priorities, and we are committed to providing you with the highest standard of care and support. Thank you for your cooperation and understanding as we continue to work together to keep our community safe and well.

Maintenance-

Our main man Jay, aka our Head of Maintenance, is onsite Monday through Friday to handle any maintenance needs you might have. Need a light bulb changed? Faucet fixed? Jay's your guy!

for any maintenance requests or if you need a hand with something around your place, Please contact the front desk to put in a request.

Spiritual-

Austin, Our community Chaplin is onsite every Tuesday and Friday.

-Church Service is held every
Tuesday at 10:00am in our first
floor community room. Whether
you seek spiritual guidance, a
moment of reflection, or simply
wish to connect with others, we
welcome you to join us.

-Bible Study is held every Tuesday at 2:00pm in the cozy confines of our second-floor pub- With Coffee & treats! Whether you're a seasoned scholar or just curious about diving into the Good Book, we welcome you to join us for some uplifting conversations and community connection. See you there!

April 16th at 10:00 am, we'll be gathering as a community for a special Candlelight Memorial Service to honor and celebrate the lives of our recently departed members. It's a time for reflection, remembrance, and coming together to support one another.

- Grief Support Group meets every Friday at 10:00 am. Losing a loved one can be tough, but you don't have to navigate through it alone. Whether you're in the midst of grief or simply want to lend a listening ear to others, all are welcome to join us.

Dining Updates-

April menus can be found in the dining room and viewed in both our elevators. Questions Regarding meal delivery service can be answered by our Dining staff, Home Health Aids or by contacting the front desk. Any further questions or concerns will be addressed and answered at our monthly chef chat meeting with Jose our head of Dining Services on April 26th-1:30pm.

Dish Sweep Competition!

Friday April 15th

 Return any dishes/silverware that belong to the dining room/kitchen to the main dining room from 1-2pm on Friday April 15th. Whoever returns the most dishes will receive a prize. Thank you!

Community Life Updates-

Happy Spring! ... Hopefully!

We are thrilled to announce a diverse range of activities lined up for this month, promising something delightful for everyone in our community. To ensure you don't miss out on any of the fun, we kindly remind you to stay updated with our activities calendars.

Please check your first-floor mailboxes for the monthly activities schedule. This comprehensive document contains all the details you need to plan your month and participate in the activities that interest you most. Additionally, we have posted the day-to-day activities schedule in the elevator for your convenience. This schedule provides a quick reference to the events happening each day, allowing you to stay informed and engaged in our community happenings.

Gormans Restaurant April 8th

Highland Grill April 15th

Live Music From Vinnie Rose April 16th Community
Candlelight Memorial
Service
April 16th

Check the elevators and 2nd floor Gym for our chair Yoga schedule









Legacy Suites-

Lets Start out with a big thank you to Miss Tess, our wonderful Legacy Suites Coordinator for helping us so much in March! We love you Tess and are so grateful to have you here at Boulder Ponds.

We are delighted to present a series of engaging and enriching events planned for the month of April. As we embrace the spirit of spring, we invite you to join us for these special occasions that promise to foster camaraderie, creativity, and joy within our community.



Sun Fish Lake Park April 24th

Music With Megan

Drumming With Carolyn

Spring Plant Potting Cooking Class With Tess



Legacy Suites Monthly Calendars can be found next to the bulletin board in the Legacy Unit. Copies will always be placed in community members apartments.







Important Bates-

4/8- Gormans Restaurant 4/15- Highland Grill 4/15- Resident Council 4/16- Community Candlelight **Memorial service** 4/16- Happy Hour with Vinnie Rose 4/18- April Birthdays Happy Hour 4/24- Legacy Suites Sun Fish Lake Park Trip 4/26- Chef Chat 4/29- Cub Foods Shopping Trip 4/30- Assisted Living Family Council **May 1st-Legacy Suites Family** Council