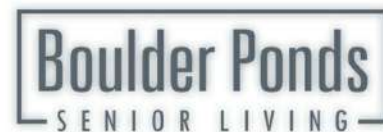


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CR - Cyphers Community Room, 1st floor WC - Dimensions Wellness Center, 2nd floor L - Lobby, 1st floor B - Mill Street Bistro, 1st floor PL - Wooden Rail Pub & Lounge, 2nd floor					1 B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Work out with ccl L 10:30 Word games & more! PL 2:00 Movie Matinee- Love Actually!! PL 5:30 Resident Social (BYOB)	2 B 8:00 Coffee Social PL 8:30 Daily Delights WC 1:00 Open Gym PL 3:00 Farkle PL 5:00 Pub Games PL 6:00 Cards & Puzzles
3 B 8:00 Coffee Social PL 8:30 Daily Delights WC 1:00 Open Gym PL 3:00 Pub Games PL 6:00 Cards & Puzzles	4 B 8:00 Coffee Social PL 8:30 Daily Delights CR 10:30 Trivia! 1:00 Target Shopping spree! CR 3:00 Sip & Paint happy winter!! PL 6:00 Games	5 B 8:00 Coffee Social PL 8:30 Daily Delights CR 10:00 Church Service PL 10:00 Cribbage Group B 11:00 Bible Study 1:00 Exercise group- Chair yoga and stretching in the pub! 2:00 Secret Santa meeting! PL 3:30 Happy Hour! PL 4:00 Toni's Nails	6 B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Exercise group! Hop on a bike PL 10:30 Trivia! holiday quizzes and questions 1:30 Color me mine trip! CR 2:00 Bingo PL 6:00 Farkle	7 Pearl Harbor Remembrance B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Exercise Group! Light weights PL 1:00 Colette's Crafts- Holiday fun! 2:00 Secret Santa drawing in the pub! PL 3:00 Holiday live music & Happy hour! PL 4:00 Toni's Nails 5:30 Legacy Crafts	8 Hanukkah Begins B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Grief Group! L 11:00 Exercise Group! hop on a bike 2:00 Movie Matinee! Christmas edition PL 5:30 Resident Social (BYOB)	9 B 8:00 Coffee Social PL 8:30 Daily Delights WC 1:00 Open Gym PL 3:00 Farkle PL 5:00 Pub Games PL 6:00 Cards & Puzzles
10 B 8:00 Coffee Social PL 8:30 Daily Delights PL 3:00 Pub Games PL 6:00 Cards & Puzzles	11 B 8:00 Coffee Social PL 8:30 Daily Delights CR 10:30 Trivia! 1:00 Exercise group! Light weights & balancing CR 3:00 Sip & Paint Holiday edition! PL 6:00 Games	12 B 8:00 Coffee Social PL 8:30 Daily Delights CR 10:00 Church Service PL 10:00 Cribbage Group B 11:00 Bible Study 1:00 Yoga in the Pub! PL 3:30 Happy Hour! PL 4:00 Toni's Nails	13 B 8:00 Coffee Social PL 8:30 Daily Delights PL 10:30 Journeying 12:00 independent exercise open gym! Hop on a bike or free lift weights CR 2:00 Bingo 2:30 Woodbury Library & ice cream outing! PL 6:00 Farkle	14 B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Exercise Group PL 1:00 Colette's Crafts & art group PL 3:30 Happy Hour! PL 4:00 Toni's Nails 5:30 Legacy Crafts	15 B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Grief Group! L 10:30 Word games & more! 11:00 Woodbury café out to lunch! 12:00 open gym! 2:00 Christmas Holiday party!	16 B 8:00 Coffee Social PL 8:30 Daily Delights WC 1:00 Open Gym PL 3:00 Farkle PL 5:00 Pub Games PL 6:00 Cards & Puzzles



612-431-2430
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DECEMBER 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 B 8:00 Coffee Social PL 8:30 Daily Delights WC 1:00 Open Gym PL 3:00 Pub Games PL 6:00 Cards & Puzzles	18 B 8:00 Coffee Social PL 8:30 Daily Delights CR 10:30 Trivia! 12:30 Yoga in the pub! CR 2:00 Resident Council CR 3:00 Sip & paint! PL 6:00 Games	19 B 8:00 Coffee Social PL 8:30 Daily Delights CR 10:00 Church Service PL 10:00 Cribbage Group B 11:00 Bible Study 1:00 Exercise Group! hop on a bike PL 3:30 Happy Hour! PL 4:00 Toni's Nails	20 B 8:00 Coffee Social PL 8:30 Daily Delights PL 10:30 Trivia Challenge! 12:00 Exercise group! light weights CR 2:00 Bingo! 2:00 Cub Foods Shopping trip! PL 6:00 Farkle	21 Winter Begins B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Yoga in the pub! PL 1:00 Colette's Crafts holiday themed! CR 2:00 Les' Bird Flock PL 3:30 Happy Hour bar trivia drinks in hand! PL 4:00 Toni's Nails 5:30 Legacy Crafts	22 B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Grief Group! 10:30 Exercise group - Snow walk! CR 1:30 Chef Chat PL 2:00 Movie Matinee- Its a wonderful life! PL 5:30 Resident Social (BYOB)	23 B 8:00 Coffee Social PL 8:30 Daily Delights WC 1:00 Open Gym PL 3:00 Farkle PL 5:00 Pub Games PL 6:00 Cards & Puzzles
24 Christmas Eve B 8:00 Coffee Social PL 8:30 Daily Delights PL 3:00 Pub Games PL 6:00 Cards & Puzzles	25 Christmas Day 12:00 Happy Holidays!!! B 8:00 Coffee Social PL 8:30 Daily Delights	26 Kwanzaa Begins B 8:00 Coffee Social PL 8:30 Daily Delights CR 10:00 Church Service PL 10:00 Cribbage Group B 11:00 Bible Study PL 3:30 Happy Hour! PL 4:00 Toni's Nails	27 B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Independent exercise! hop on a bike! PL 10:30 Trivia! 1:00 Hyvee shopping trip!! CR 2:00 Bingo! B 2:00 Oliver the Dog PL 6:00 Farkle	28 B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Trivia! 1:00 Exercise off that holiday food! PL 3:30 Happy hour with Lake Elmo Inn! Desserts, Champagne & Eggnog! PL 4:00 Toni's Nails 5:30 Legacy Crafts	29 B 8:00 Coffee Social PL 8:30 Daily Delights 10:00 Grief Group! L 11:00 Exercise group Yoga in the pub! PL 2:00 Movie Matinee- When harry met sally! PL 5:30 Resident Social (BYOB)	30 B 8:00 Coffee Social PL 8:30 Daily Delights WC 1:00 Open Gym PL 3:00 Farkle PL 5:00 Pub Games PL 6:00 Cards & Puzzles
31 New Year's Eve B 8:00 Coffee Social PL 8:30 Daily Delights WC 1:00 Open Gym PL 3:00 Pub Games PL 6:00 Cards & Puzzles						

For Questions or Suggestions, please call the Front Desk at 612-431-2430. Feel free to leave suggestions in the Suggestion Box by Mailboxes.
Calendar is Subject to Change! See Channel 49 for Daily Updates.