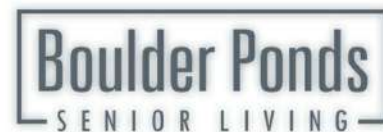


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# DECEMBER 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 9:30 Daily Delights 10:00 Chaplain's chat-Bistro 11:30 Fresh Faces! 1:00 Movie Matinee - Holiday edition!	<b>2</b> 9:30 Daily Delights 11:30 Fresh Faces! 12:00 Exercise video workout time! 1:00 Jigsaw Puzzles 2:00 Brain Games / Coloring Sheets 3:00 Movie Matinee
<b>3</b> 9:30 Daily Delights 10:30 Eagle Brook Church Service (Ch. 49) 11:30 Fresh Faces! 12:00 Exercise video workout time! 12:00 Exercise video workout time! 1:00 Daily Delights - LR	<b>4</b> 9:00 Chair yoga with cc! 9:30 Daily Delights 11:30 Fresh Faces! 1:00 Rest and recharge 2:00 Creative corner - Holiday décor!	<b>5</b> 9:30 Daily Delights 10:00 Church Service-CR 10:30 Social Visits before lunch time! 11:30 Fresh Faces! 4:45 Nails with Toni!! 5:00 Tonis Christmas cookie making! 6:00 Walking Group 6:30 1 on 1's	<b>6</b> 9:30 Daily Delights 11:00 Chair yoga & stretching in the living room! 11:30 Fresh Faces! 12:00 Christmas baking with Beth & Catie! 2:00 Bingo! CR	<b>7</b> Pearl Harbor Remembrance 9:30 Daily Delights 11:30 Fresh Faces! 12:00 Holiday Music & craft time! 5:30 Movie time with toni! 6:00 Walking Group 6:30 1 on 1's	<b>8</b> Hanukkah Begins 9:00 chair yoga with cc! 9:30 Daily Delights 10:00 Chaplain's chat-Bistro 11:30 Fresh Faces! 1:00 Christmas card making! 3:00 Holiday Music with Bree!	<b>9</b> 9:30 Daily Delights 10:15 Daily Delights 11:30 Fresh Faces! 12:00 Excercise video workout time! 2:00 Movie Matinee 3:30 Coloring & Music
<b>10</b> 9:30 Daily Delights 10:30 Eagle Brook Church Service (Ch. 49) 11:30 Fresh Faces! 12:00 Exercise video workout time!	<b>11</b> 9:00 Chair yoga with cc! 9:30 Daily Delights 11:30 Fresh Faces! 1:00 Rest and recharge	<b>12</b> 9:30 Daily Delights 10:00 Church Service-CR 10:30 Social Visits 11:30 Fresh Faces! 12:00 Christmas cookie time! 4:45 Nails with Toni!! 6:00 Walking Group 6:30 1 on 1's	<b>13</b> 9:00 Chair Yoga with cc! 9:30 Daily Delights 10:00 Children's caroling from the growing explorers next door! 11:30 Fresh Faces! 2:00 Bingo! CR 3:00 Drumming with Carolyn!	<b>14</b> 9:30 Daily Delights 11:30 Fresh Faces! 12:00 Holiday music and reminisce trivia time! 2:00 Baking corner with Toni! 5:30 Craft 6:00 Walking Group 6:30 1 on 1's	<b>15</b> 9:00 Chair yoga with cc! 9:30 Daily Delights 10:00 Chaplain's chat-Bistro 11:30 Fresh Faces! 2:00 Christmas Holiday party!	<b>16</b> 9:30 Daily Delights 11:30 Fresh Faces! 12:00 Exercise video workout time! 1:00 Jigsaw Puzzles 2:00 Brain Games / Coloring Sheets 3:00 Movie Matinee



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# DECEMBER 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> 9:30 Daily Delights 10:30 Eagle Brook Church Service (Ch. 49) 11:30 Fresh Faces! 12:00 Exercise video workout time! 1:00 Daily Delights - LR	<b>18</b> 9:00 Chair yoga with cc! 9:30 Daily Delights 11:30 Fresh Faces! 1:00 Rest and recharge 1:30 Would you rather? 3:00 sip & Paint Holiday edition!	<b>19</b> 9:30 Daily Delights 10:00 Church Service-CR 11:30 Fresh Faces! 1:30 Music and short stories 4:45 Nails with Toni!! 5:00 Sweet treat after dinner with Toni! 6:00 Walking Group 6:30 1 on 1's	<b>20</b> 9:00 Chair yoga with cc! 9:30 Daily Delights 10:15 Trivia 11:30 Fresh Faces! 2:00 Bingo! CR	<b>21</b> Winter Begins 9:30 Daily Delights 11:30 Fresh Faces! 1:30 Color me mine outing! 1:30 Les' Flock 5:30 Craft 6:00 Walking Group 6:30 1 on 1's	<b>22</b> 9:30 Daily Delights 10:00 Chaplain's chat-Bistro 11:30 Fresh Faces! 12:00 Chair yoga & hot coco with cc! 2:00 Christmas movie & treats!	<b>23</b> 9:30 Daily Delights 12:00 Exercise video workout time! 12:00 Happy Holidays!!!
<b>24</b> Christmas Eve 10:30 Eagle Brook Church Service (Ch. 49) 12:00 Exercise video workout time! 12:00 Happy Holidays!!!!	<b>25</b> Christmas Day 9:30 Daily Delights 12:00 Exercise video workout time! 12:00 Happy Holidays!!!	<b>26</b> Kwanzaa Begins 9:30 Daily Delights 10:00 Church Service-CR 10:30 Social Visits 11:30 Fresh Faces! 4:45 Nails with Toni!! 6:00 Walking Group 6:30 1 on 1's	<b>27</b> 9:00 Chair yoga with cc! 9:30 Daily Delights 10:15 Trivia 11:30 Fresh Faces! 1:00 Pet Therapy: Oliver - LR 2:00 Bingo! CR	<b>28</b> 9:00 Chair yoga with cc! 9:30 Daily Delights 11:30 Fresh Faces! 12:00 Trivia! 5:30 Crafts & sweet treats with Toni 6:00 Walking Group 6:30 1 on 1's	<b>29</b> 9:00 Chair yoga with cc! 9:30 Daily Delights 10:00 Chaplain's chat-Bistro 11:30 Fresh Faces! 2:00 Movie Matinee! when harry met sally	<b>30</b> 9:30 Daily Delights 11:30 Fresh Faces! 12:00 Exercise video workout time 1:00 Jigsaw Puzzles 2:00 Brain Games / Coloring Sheets 3:00 Movie Matinee
<b>31</b> New Year's Eve 9:30 Daily Delights 10:30 Eagle Brook Church Service (Ch. 49) 11:30 Fresh Faces! 12:00 Exercise video workout time! 1:00 Daily Delights - LR						