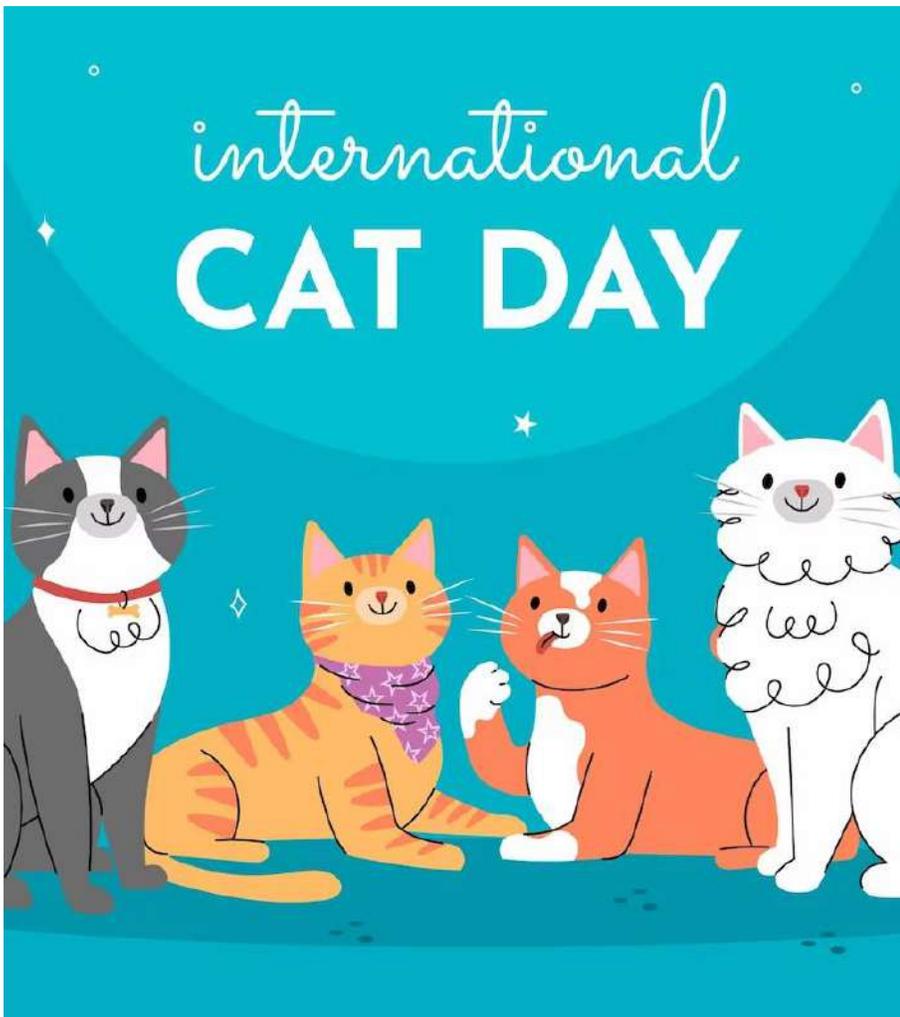


# NEWSLETTER

## August 2023

Boulder Ponds Senior Living  
192 Jade Trail N, Lake Elmo, MN 55042

A Lifespark Community  
612-431-2430



Relax it is still  
**SUMMER!**

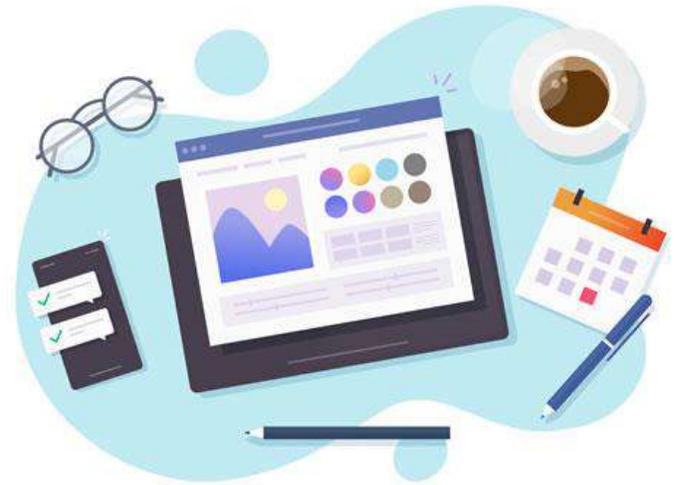
# Editor's Desk

Hello Residents, Families and Friends!

We are excited to announce Catie Hogan as the New Executive Director at Boulder Ponds, starting August 8<sup>th</sup>. Here at Boulder, we are still celebrating summer and looking forward to Lots of Fun!

Keep Safe!

*The Boulder Ponds Team*



## August Trivia

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had!

Zodiac signs: **Leo & Virgo**  
Birthstone: **Peridot**  
Flower: **Gladiolus**

## Quote of the Day

Life is 10% what happens to you and  
90% how you react to it.

- Charles R. Swindoll

# Month in Review

## Activity Spotlight 1

The weather has been beautiful, and residents have been enjoying spending time outdoors. We had a visit from friendly horses, a duck and a dog!



## Activity Spotlight 2

Our Neighborhood daycare stopped by to enjoy some music and stories with us!

## Activity Spotlight 3

A new favorite program has been Sip n Paint. It sure has been fun to see everyone's creativity!





# Upcoming Events

## Target Outing

Tuesday 15<sup>th</sup> August at 12:30, Lobby

## Resident's Meeting

Monday 21st August 2:00pm, Community Room

## Mystic Lake Casino

Wednesday 9th August 9:30, Lobby

## Grief Group

Wednesday August 3:00 pm, Pubside

## August Birthday & Bandanahhh Band

Friday 4<sup>th</sup> August, 2:00pm, Community Room

## Gourmet Formal Dinner Event

Thursday 31<sup>st</sup> August, Dining Room & Pub



## Special Days

1<sup>st</sup> Horses' Birthday

2<sup>nd</sup> National Night Out

4<sup>th</sup> Beer Day

8<sup>th</sup> Cat Day

9<sup>th</sup> World Indigenous Day

12<sup>th</sup> International Youth Day

13<sup>th</sup> Left-Handers Day

15<sup>th</sup> Indian Independence Day

19<sup>th</sup> Lighthouse Weekend

25<sup>th</sup> Daffodil Day

# Favorite Events

Happy Hour every Tuesday & Thursday 3:30 pm

Bingo! Wednesday at 2:00 pm

Journeying Wednesday at 10:30 pm

**August 2023**

# **Chaplain's Corner**

Question: Who always makes you laugh?

Laughter revives our soul and refreshes our lives in many ways. Sometimes we can't help from laughing at ourselves and something that just is funny. Sometimes it is others. For me, our current canine, his name is George, a Vizsla dog can just make me laugh. He endlessly hunts for squirrels in the yard through the windows. Once he spots one, he launches up and down like he is on a pogo stick. Yet despite all his antics, I can not figure out how he thinks this will help him" capture" the squirrel outside while he dances crazy inside behind the window??? It is such a funny thing to watch and see along with other things he does. Who makes you laugh?

Chaplain Kent looks forward to hearing your answers this month!

# Word Search

## CAT BREEDS



B O E H R D B I R M A N M T  
U M A I N E C O O N Q Y O U  
R B N M T L I B O B T A I L  
M O G A P E R S I A N N A M  
E M O L O E S P H Y N X Q J  
S B R A G E T R B E N G A L  
E A A Y J R A G D O L L S Z  
B Y O A T B U R M I L L A M  
L T B N T O N K I N E S E A  
O S I B E R I A N V Y U U N  
C M L G Y S N O W S H O E X  
R U S S I A N B L U E C R A  
D X C H A R T R E U X L A B  
J T L S I A M E S E A K Z B

Siamese  
Angora  
Burmese  
Chartreux  
Burmilla

Ragdoll  
Bengal  
Bombay  
Siberian  
Tonkinese

Russian Blue  
Himalayan  
Toyger  
Maine Coon  
Bobtail

Sphynx  
Birman  
Manx  
Snowshoe  
Persian